

■ **Certification:** Attendees will receive a certificate of attendance to support their continuing professional development.

■ **Who is This Workshop For?:**

- Therapists
- Psychologists
- Counsellors
- Couples counsellors
- Family therapists
- Trainee therapists

■ **Date and Duration:** September 30th 2024 - 9:30am to 12:30pm - 3 hour workshop.

■ **Location:** Online via Zoom

■ **About the Trainers:**

● **Sylvia Metzger:** A consultant systemic family psychotherapist, specialising in family dynamics during divorce and separation. She leads workshops and training sessions, drawing from her work with families and couples.

● **Marilyn Brennan:** With a background in systemic family psychotherapy, supporting families through divorce and separation. Her work at the Prudence Skynner Couples and Family Clinic and her role as a tutor in family therapy courses highlight her expertise in relational dynamics and family resilience.



## Early Bird Booking Deal: £48

**Register before 31st August to take advantage of discounted pricing. (Full price after 31st August £70)**

# REGISTER TODAY

**TO MAKE YOUR BOOKING,  
VISIT OUR WEBSITE:**

[divorceandseparationworkshop.leonecentre.com](https://divorceandseparationworkshop.leonecentre.com)



A Leone Centre Online Workshop

# DIVORCE & SEPARATION

A PSYCHOTHERAPEUTIC  
APPROACH

**MONDAY 30TH SEPTEMBER  
9:30AM-12:30PM**

# ONLINE WORKSHOP

Join us for an insightful workshop designed for professionals who work with young people and adults, including couples and families.

This workshop aims to explore the systemic issues in the complex area of separation and divorce.

Led by experienced systemic family psychotherapists, Sylvia Metzger and Marilyn Brennan, this workshop offers a comprehensive exploration of the emotional, psychological, relational, financial, and social impacts of divorce and separation on individuals and families.

## HIGHLIGHTS:

### Learning Objectives:

- Understand the practical and psychological impacts of divorce and separation.
- Explore the different types of endings and separation, including marriage.
- Identify common emotional and relational responses in clients experiencing divorce and separation.
- Address losses in relational landscapes and the impact on children, families, and communities.
- Consider diverse perspectives including LGBTQ+ individuals, minority groups, and blended families.
- Discuss and develop systemic skills in handling communication, conflict resolution, and navigating the grieving process.

### Discussion Topics:

- The emotional impact of separation and divorce on the couple and their children.
- The impact on the wider family, including grandparents, other partners, blended families, and stepchildren.
- Working with different types of couples, including those from LGBTQ+ communities.
- Cultural and religious considerations in divorce and separation.
- Applying systemic research ideas, models, and skills in these scenarios.
- Self-reflexivity and how our own stories can impact this work.

### Interactive Learning:

- Engage with experienced psychotherapists leading the workshop, PowerPoint slides, case studies, film clips, and breakout discussions.
- Participate in group discussions and Q&A sessions to review and explore ideas and issues.

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